



TV Guide

MARKET	STATION	CHANNEL	TIME*	DAY
ANCHORAGE, AK	KCFT-TV	FamilyNet 35	6:00 AM	SUN
			9:00 PM	WED
			6:00 AM	FRI
BIRMINGHAM, AL	WAY-TV	Independent 47	5:00 PM	SUN
			5:30 AM	TUE
			8:00 PM	TUE
			1:30 AM	WED
			3:00 PM	WED
			2:30 PM	SAT
HIS CHANNEL	Internet	hischannel.com	9:00 AM PST	SUN
			7:00 PM PST	SUN
			6:30 AM PST	WED
			3:00 PM PST	WED
			11:00 PM PST	WED
			7:30 AM PST	SAT
			9:30 PM PST	SAT
HONOLULU, HI	KALO-TV	Independent 38	11:00 AM	SAT/SUN
			11:00 PM	SAT/SUN
			7:00 AM	WED
			7:00 PM	WED
LIMA, OH	WTLW-TV	Cornerstone 44	11:30 PM	SUN
MILWAUKEE, WI	WVCY-TV	FamilyNet 30	11:00 AM	SUN
			11:30 AM	WED
			9:00 PM	SAT
MEMPHIS, TN	WTWV-TV	Independent 14	4:00 PM	SUN
			11:00 PM	SUN
			1:30 PM	WED
			3:00 PM	THU
			7:30 PM	THU
			8:00 AM	FRI
			12:00 PM	FRI
			2:00 PM	SAT
NATIONWIDE	NRB	DIRECTV 378	11:30 AM EST	SUN
			9:30 PM EST	SUN
			3:00 AM EST	SAT
PHILADELPHIA, PA	WBPH-TV	Cornerstone 60	6:00 PM	SUN
THE DALLES, OR	KRHP-TV	Cornerstone 14	10:30 PM	MON
			7:00 AM	THU
			11:30 AM	THU
TOLEDO, OH	WLMB-TV	Independent 40	12:00 PM	SUN

*Local times

Updated: 11/20/09