

Grace to You :: *Unleashing God's Truth, One Verse at a Time*

The Heart of Thanksgiving

Code: B111121

We're taking a short break for the rest of this week. We'll be back next Monday to pick up where we left off in John MacArthur's *Attacking Anxiety* series.

But as we pause briefly to celebrate Thanksgiving, it occurred to us that one of the best antidotes for anxiety is a thankful heart. As John wrote yesterday, reflecting on God's blessing and provision in the past reinforces your confidence in Him to meet your needs in the future.

With that in mind, we want to offer this space for you to publically express what you're thanking the Lord for this year. Be as specific or general as you like—we simply want to help you think deeply about God's work in your life, and to share in the encouragement of all He's accomplishing in and through His people.

And please know how thankful we are for our faithful readers and commenters. It's a joy and privilege to serve you. God's richest blessings to you and your family this Thanksgiving.

GTY Staff

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